



# Physical Therapy and Performance Training Center

Sports Spine & Industrial

## Post Rehabilitation Program

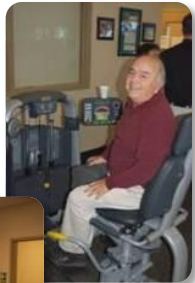
The staff at SSI realize that our patients are committed to returning to their highest functional level possible, but that ongoing changes in insurance payments and limited benefits for physical therapy do not always allow our patients to continue their programs to reach full potential.

SSI's **Post Rehab Program** ensures safety for those individuals that need assistance with exercise equipment or require guidance and supervision in our heated therapy pool. The program also provides past therapy patients with the opportunity to continue the exercise and balance portion of their treatment in a familiar and supervised setting.

The program utilizes exercise (land and aquatic) techniques to effectively restore and enhance functional ability. Your Post Rehab Program will be developed based on your initial diagnosis and **tailored to your specific needs and life goals.**

*I was referred to SSI for physical therapy. I could not walk and had extreme back pain. After extensive physical therapy, I could walk with a walker and my back pain disappeared.*

*Entering the post-rehab program, I continue to improve. I would certainly recommend SSI's post-rehab program!* - Marvin C.



### Benefits

- Continue exercise in a familiar setting
- Personally tailored program designed by your Therapist
- Scheduled check-ins with your Therapist
- No orientation fees
- No monthly dues

### Pricing

#### 1 Hour Sessions

- 2 sessions per week (8 sessions) - \$320
- 3 sessions per week (12 sessions) - \$460

#### ½ Hour Sessions

- 2 sessions per week (8 sessions) - \$240
- 3 sessions per week (12 sessions) - \$350

**Renewals receive a 10% discount!**